

It is not about where you were born. Or what symbol you have on the chest. It is about your actions. "SUPERMAN"



More surprises

Celebrating Our Local Heroes

FREE glucose and blood pressure tests

Music



Schools



Join Family Health Centers to celebrate National Health Centers Week! This year we celebrate with Our Local Superheroes. Enjoy some Family fun with our community partners.

- Infectious diseases and prevention workshop.
- Guidance on free workshops
- Know your ideal weight and BMI



Prizes, Kids Games
Arts & Crafts, Yoga, Zumba
Mindfulness, Special speaker
Face Painting, Fire trucks,
Food Vendors, Snacks & more!

Brewster Boys And Girls Club
601 W. Cliff Ave., Brewster
When: Wednesday, August 22th
Time: 10:00 am - 1:00 pm